

## Tibicos Kefir Drinks?



### WHAT ARE TIBICOS KEFIR DRINKS?

Tibicos kefir drinks are created using tibicos 'grains' to organically process the drink ingredients.

These grains, (water kefir cultures), are small clumps of yeasts and beneficial bacteria held together in a natural physical form that produces organic fermentation, resulting in a bubbly probiotic beverage known as raw tibicos - water kefir. Raw tibicos drinks have no dairy ingredients. They are specific to the fermentation of water kefir. No milk or cream involved.

So they are fat free drinks and very low calorie too.



Kefir drinks offer  
Good digestion & satisfy a thirst.



**Tibibev Inc.**